



Alive at 25, 3RD EDITION

NSC Driver Safety Training

Proven to help teach young adults to drive safe and responsibly

Alive at 25® is a highly-interactive course that helps young adults under the age of 25 take greater responsibility for their driving by focusing on behavior, judgment and decision making. Available in English and Spanish, this 4-hour classroom course is an excellent complement to driver education programs that traditionally focus on state laws and vehicle and road handling.

What participants will learn

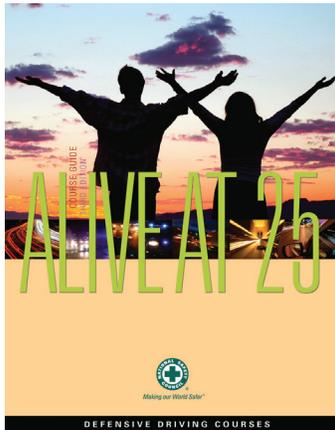
Alive at 25 helps teach young drivers that there are consequences to their driving behavior and provides the tools for making positive choices. Through interactive media segments, group discussions, role playing and workbook exercises, young drivers develop convictions and strategies that keep them safe on the road. With a strong emphasis on classroom participation, teens are encouraged to join in non-threatening, non-judgmental discussions – exploring how changing driver behavior makes personal, legal and financial sense.

Course features

- Proven, effective facilitation methods for teens learning to drive and young adults who drive as part as their job responsibilities
- New direction for traffic violators by helping them to change driver attitudes and behaviors
- Skill practices and defensive driving techniques to help young adults drive safe and more responsibly
- Coping techniques addressing peer pressure, distractions, cell phone use, and driving hazards before those instances occur

Only certified DDC Instructors can teach Alive at 25 - Your staff instructor must successfully complete the 2-day to 2-1/2 day Alive at 25 Instructor Course. During the Instructor Course, the candidate instructor will learn the specific DDC course content. For Instructor Course dates, locations and fees, visit train.nsc.org/ntc

DDC Instructor Course registration fees may vary. Contact the National Safety Council at **(800) 621-7619** or the Administering Office prior to registering for an Instructor Course to discuss your DDC training options, registration fees and teaching material pricing, course dates, and to complete a DDC Training Center agreement.



For information on Alive at 25 Instructor Courses, including fees, dates and locations, or to register, visit train.nsc.org/ntc

National Safety Council
1121 SPRING LAKE DRIVE
ITASCA, IL 60143-3201
(800) 621-7619
nsc.org



Alive at 25 course materials

DDC Programs are based on proven defensive driving techniques and driver attitude research. Each course is designed, written and reviewed by leading safety experts, driver education professionals, statisticians and research analysts, and an international advisory committee.

Instructor Manual – Fully-scripted with easy-to-follow “What to Do/What to Say” format, facilitation methods and session objectives.

Teaching Kit – The videos and PowerPoint Presentation create consistency in course delivery and facilitation skills. The Instructor PowerPoint reinforces learning objectives and group discussion points. In addition to instructional content, the Teaching Kit contains six thought-provoking videos and driving scenario re-enactments focusing on handling peer pressure, young adult driver statistics, hazard recognition, committing to positive decision making and more. **Videos are property of the National Safety Council and a video lease must be renewed annually in order to continue teaching the course. Purchase student course guides and receive automatic video updates.**

Course Guide and Certificate of Completion – 32-page full color Course Guide with easy-to-follow layout, session objectives and learner-centered activities. One course guide required per student.



National Safety Council course materials provide for the highest-quality instruction and learner retention.

DDC SPOTLIGHT



Since South Carolina’s Alive at 25 program kicked off in 2007, the state’s death toll among drivers 15-24 has dropped 47%. More than 101,000 young adults from 125 high schools have taken Alive at 25 through the South Carolina Chapter, National Safety Council.

“The most influential feedback originates from our DDC Alive at 25 students stating that 98% would change their driving behavior after taking the course. Alive at 25 educates our young adults in the community, empowering them to make good driving decisions and creates a positive connection between law enforcement and the students.”

Brooke Russell, Executive Director/C.O.O.
South Carolina National Safety Council

To learn more about **Alive at 25**, call **(800) 621-7619** or an NSC Chapter, or visit **train.nsc.org/ntc**.

To request more information at **nsc.org/ddc_info**.



National Safety Council
1121 SPRING LAKE DRIVE
ITASCA, IL 60143-3201
(800) 621-7619
nsc.org